Nationellt kliniskt kunskapsstöd/NAG,

Optimering av sköra äldre inför akut bukkirurgi laparotomi och laparaskopi

Jonas Leo
Ordförande NAG Akut laparotomi/laparoskopi på äldre och sköra
Flödesägare akuta laparotomiflödet, Kirurg & Onkologkliniken Capio S:t Görans Sjukhus

NPO projekt/NAG

Nationellt kliniskt kunskapsstöd Optimering av sköra äldre inför akut bukkirurgi laparotomi och laparoskopi

”Vägen till professionalism”

World J Surg
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ORIGINAL SCIENTIFIC REPORT

ing.

World J Surg
https://doi.org/10.1007/s00268-023-07020-6

SCIENTIFIC REVIEW

World J Surg
https://doi.org/10.1007/s00268-023-07039-9

SCIENTIFIC REVIEW

Enhanced Recovery After
Guidelines for Emergency
Aspects and General Cons
of the Emergency Laparo

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Accepted: 14 April 2023

Säker Bukkirurgi
Behandlingsrekommendationer för den sköra äldre patienten vid akut laparotomi

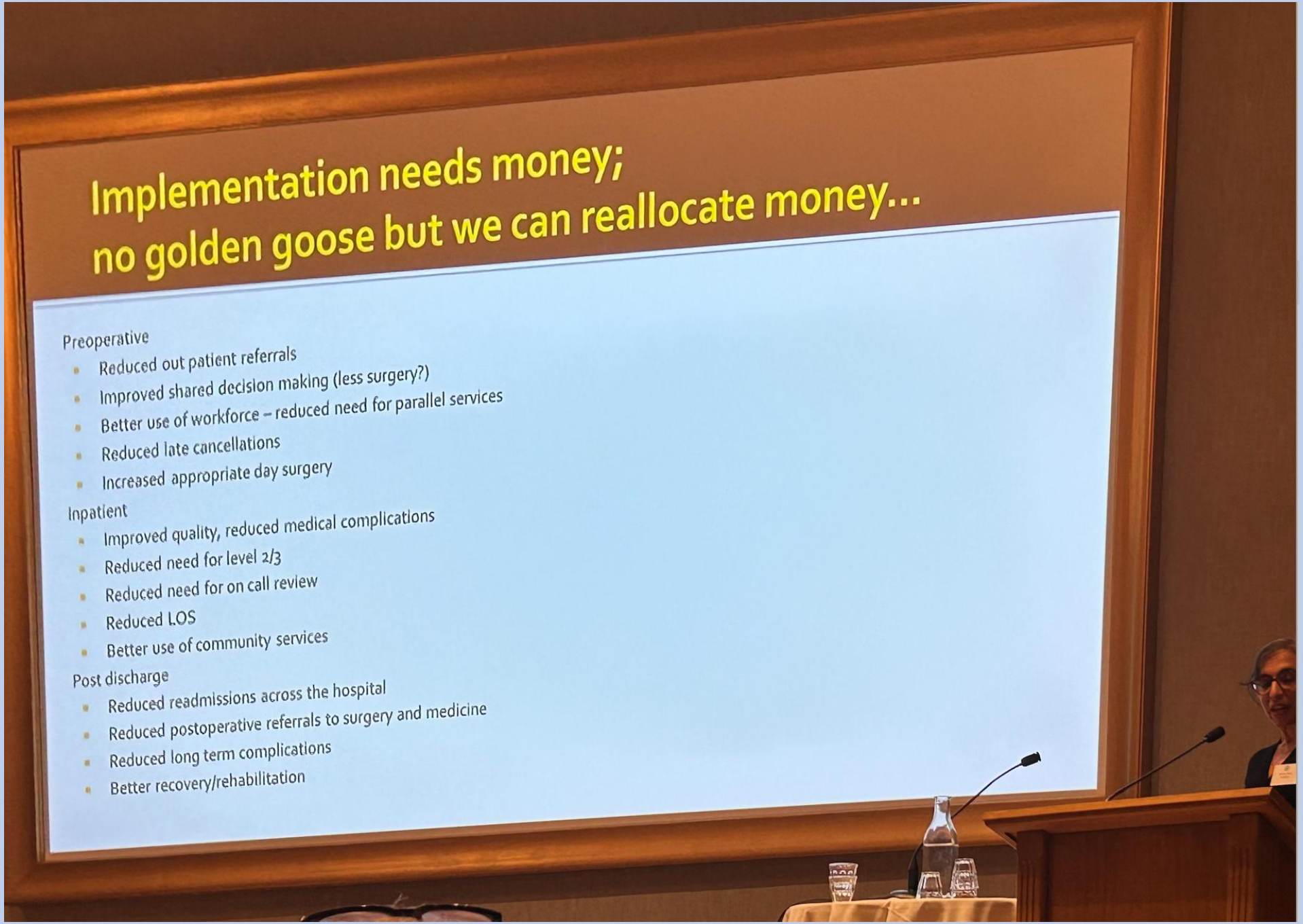
Uppdaterad: 2022-08-23
Uppdateras senast: 2024-10-10

Behandlingsrekommendationer för den sköra äldre patienten vid akut laparotomi

Ett projekt på initiativ av Svensk Förening för Akutkirurgi och Traumatologi och LÖF (2019)


Kommunikativ fokusfråga 2025–2026
– "Det finns starka medicinska och etiska skäl för att kämpa för förbättringar av äldres vård. Och det finns lösningar på några grundproblem på området" (SLS SVD debatt 7 april 2024)
– I Sverige finns cirka 550 000 invånare som är 80 år eller äldre. Inom tio år är antalet 800 000.
– Typiska patienter som i dag vårdas på sjukhus är omkring 75 år gamla, har fem–sex kroniska diagnoser och många läkemedel.
"Vården av äldre måste bli bättre"
Det finns starka medicinska och etiska skäl för att kämpa för förbättringar av äldres vård. Och det finns lösningar på några grundproblem på området, skriver företrädare Svenska Läkaresällskapet.


...so that postoperative care delivers better outcomes
Hospital Admission
Theatre and Recovery
Discharge
Post-operative Care
Effective rehabilitation
Appropriate discharge plans
Continuity of postop care
Medical management
Rehabilitation
Discharge planning
POC, ICT, care home
Communication
Patient
Family/carers
Primary/community care
Proactive standardised mx of ileus, diabetes, fluid balance
Planned individualised intraop care
Detailed info to anaesthetist Admission on day of surgery
Mechanisms
POPS Letter
Nursing handover
Surgical handover
Joint ward rounds
MDTMs
Physical presence


Implementation needs money;
no golden goose but we can reallocate money…
Preoperative
Reduced out patient referrals
Improved shared decision making (less surgery?)
Better use of workforce – reduced need for parallel services
Reduced late cancellations
Increased appropriate day surgery
Inpatient
Improved quality, reduced medical complications
Reduced need for level 2/3
Reduced need for on call review
Reduced LOS
Better use of community services
Post discharge
Reduced readmissions across the hospital
Reduced postoperative referrals to surgery and medicine
Reduced long term complications
Better recovery/rehabilitation

Geriatriker skall tidigt engageras enligt ERAS Guidelines och LÖFs behandlingsrekommendationer

* Geriatriker och ASIH i akutsjukvården, hur fungerar det i landet idag ?

* Strukturerad Geriatrisk Bedömning (CGA) och skörhetsuppföljning

* POD + fallrisk fokus för patienter med skörhet ≥ 5 + POD risk >20%

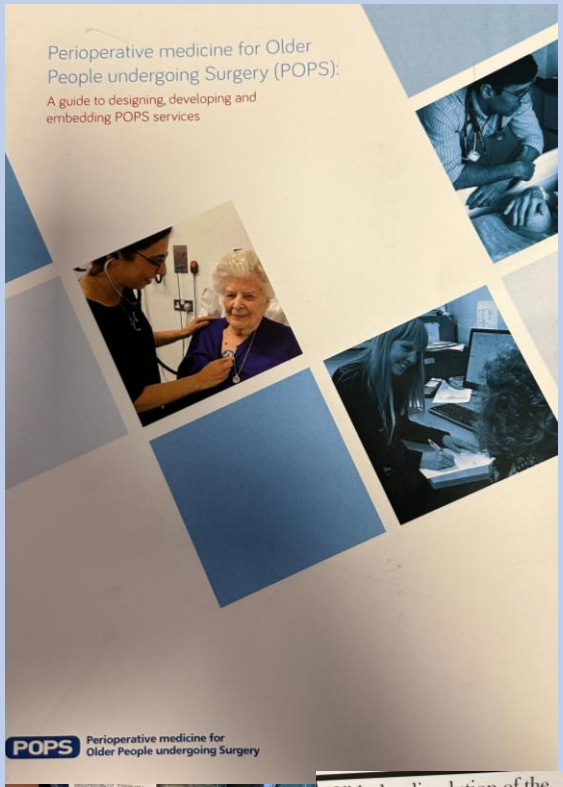
* 4 AT (Delirium checklista)

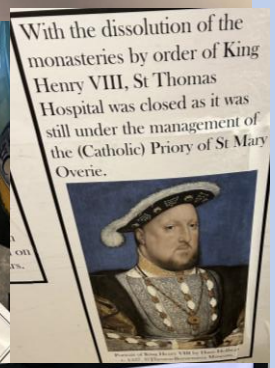
* POPS i Sverige? (Perioperative medicine for Older People Undergoing Surgery)

”The pathway to professionalism”

Besök v 9 på sjukhusen Guy`s och StThomas i London

Perioperative medicin for Older people having Surgery (POPS)

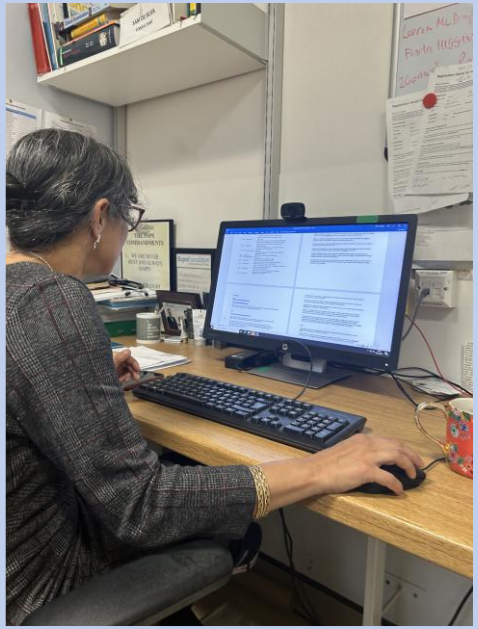





Dr. Jugdeep Dhesi
Consultant

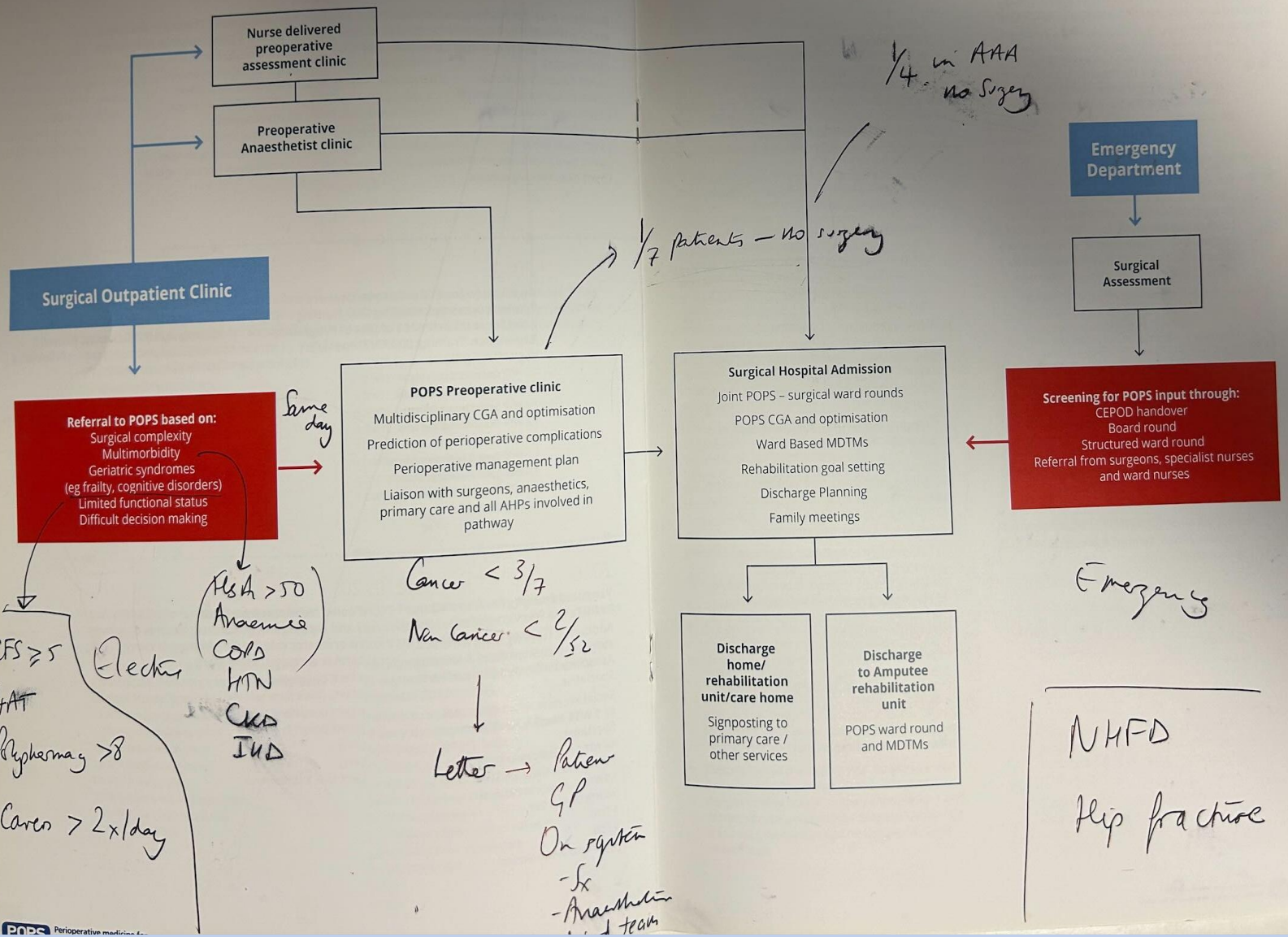

Dr Jude Partridge
Consultant


Dr. Magda Sbai
Consultant




Waiting Room
FIRE EXIT
Way Out

Figure 3. The patient pathway for elective and emergency surgery and the interface with POPS@GSTT



Guy's and St Thomas' NHS
NHS Foundation Trust

OLDER PERSONS ASSESSMENT UNIT
Guy's Hospital

Welcome to the older persons assessment unit (OPAU) formerly known, as the Elderly Care Day Hospital. OPAU is a specialised unit for 60 years of age and above. However, we also see patients below 60 with complex health conditions that may require holistic care in managing one's well-being and independence. We are located on the ground floor of Bermondsey Wing, Orange zone.

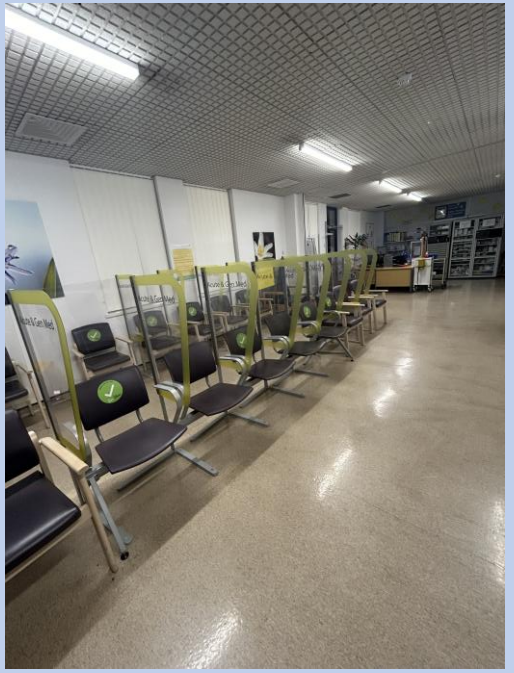
The unit is a hub of specialist clinicians and hold a variety of clinics like the: TILT and EEG, Mindfulness, Falls, Falls Bone Health, Bladder and Bowel, Heart Failure, Memory, Parkinsons Disease, Comprehensive Geriatric Assessment (CGA), Perioperative Medicine for Older People undergoing Surgery (POPS), Geriatric Oncology and Liaison Development (GOLD), Strength and balance class or 1:1 Physiotherapy, Specialist Occupational therapy consultation. We accept referrals via primary and tertiary care.

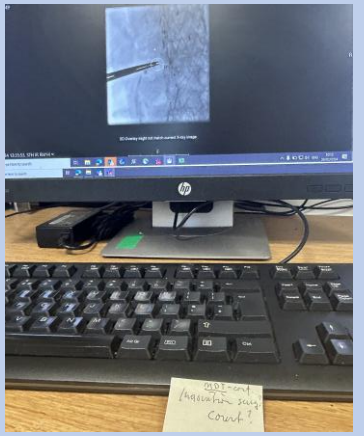
Also, we provide support to GP's via our telephone advice (TALK) service.

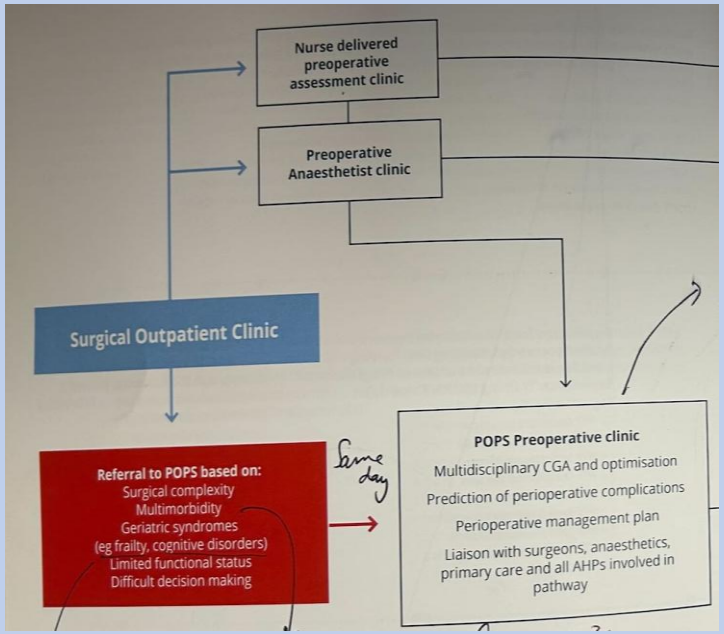
The front line of the OPAU service is the nursing team. The nursing team delivers a systematic approach in triaging referrals, assessment and treatments. The nursing team works closely with the medical doctors, nurse specialists and the therapists giving you a multidisciplinary approach in your care and treatment.

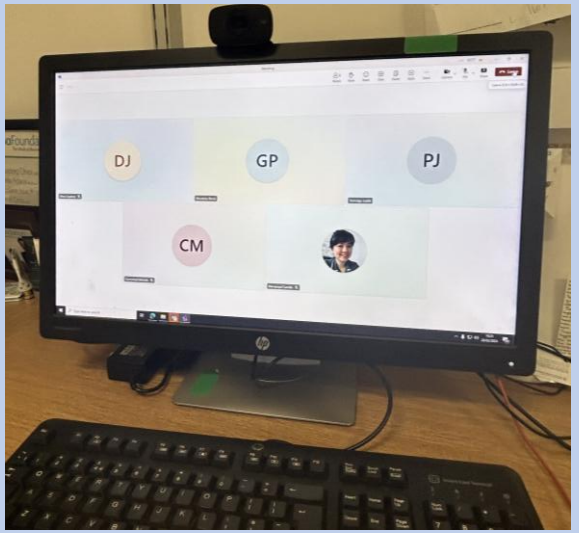
The department is also a centre of learning. It supports and works closely with junior medical doctors, nursing students and other student allied health professionals.

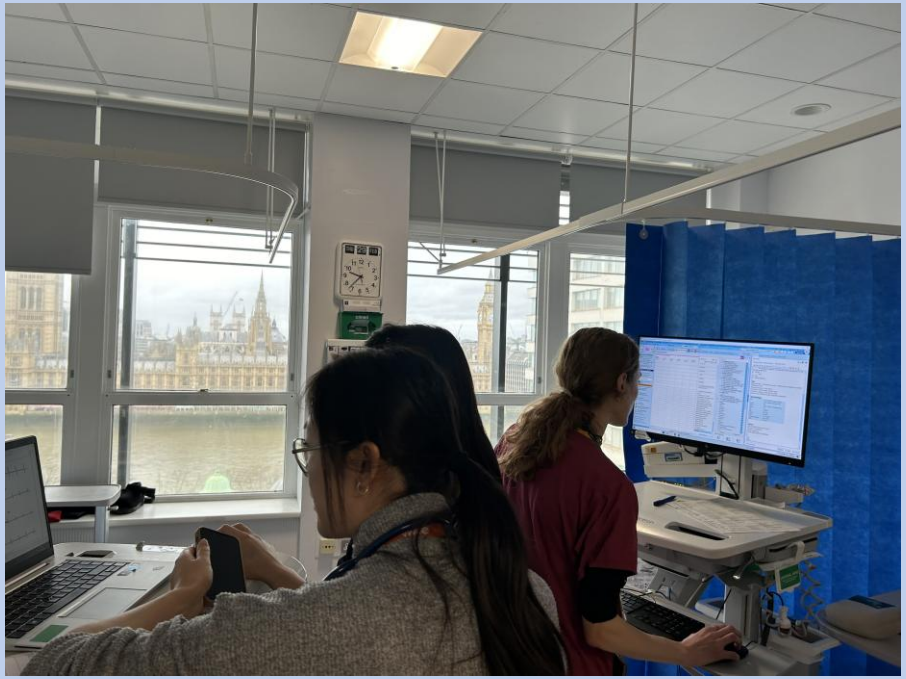
Lastly, OPAU offers treatments and diagnostic tests like the application of 24-hour ECG monitor, 24-hour blood pressure (BP) monitor, Spirometry, blood transfusions, Iron infusions, Bone health treatments and blood tests.



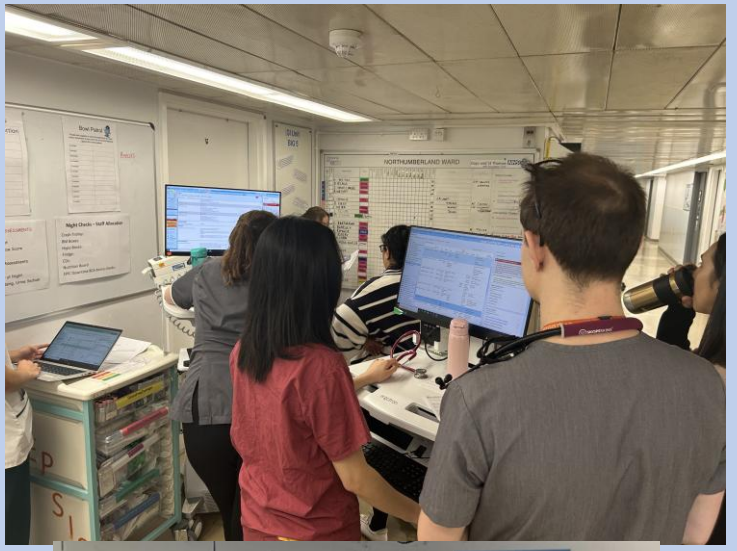






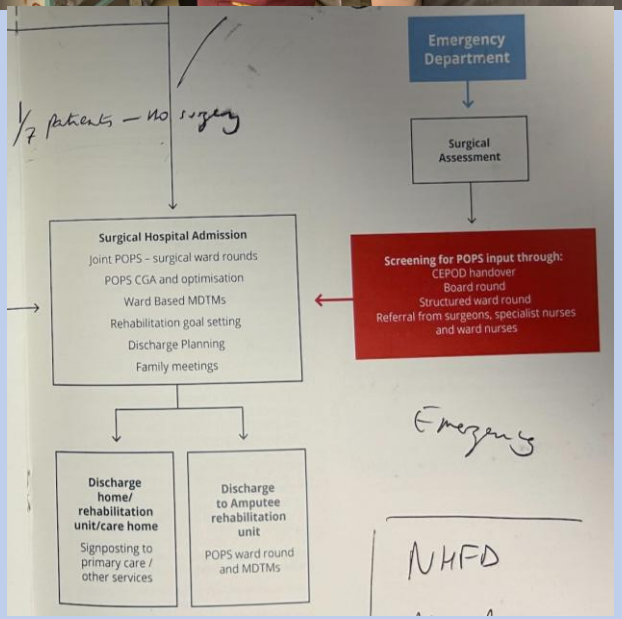



Bed
26
NTERING




THU
1
MAR
St Thomas'
Hospital
Page Ward


HOPE YOU
Get Well Soon


Emergency Department
Surgical Assessment
Surgical Hospital Admission
Joint POPS – surgical ward rounds
POPS CGA and optimisation
Ward Based MDTMs
Rehabilitation goal setting
Discharge Planning
Family meetings
Screening for POPS input through:
CEPOD handover
Board round
Structured ward round
Referral from surgeons, specialist nurses and ward nurses
Discharge home/ rehabilitation unit/care home
Signposting to primary care / other services
Discharge to Amputee rehabilitation unit
POPS ward round and MDTMs
NHFD

ChoosingWisely UK

More doesn't always mean better

Helping you and your doctor make the right decisions about your care

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Choosing Wisely UK is part of a global initiative aimed at improving conversations between patients and their clinicians and nurses.

By having discussions that are informed by healthcare professionals, but take into account what's important to

ChoosingWisely UK

NHS

Make the most of your appointment

It can be a bit daunting having an appointment – but asking your healthcare professional the four **BRAN** questions can help you make the right choice for you.

Benefits

What are the Benefits?

Risks

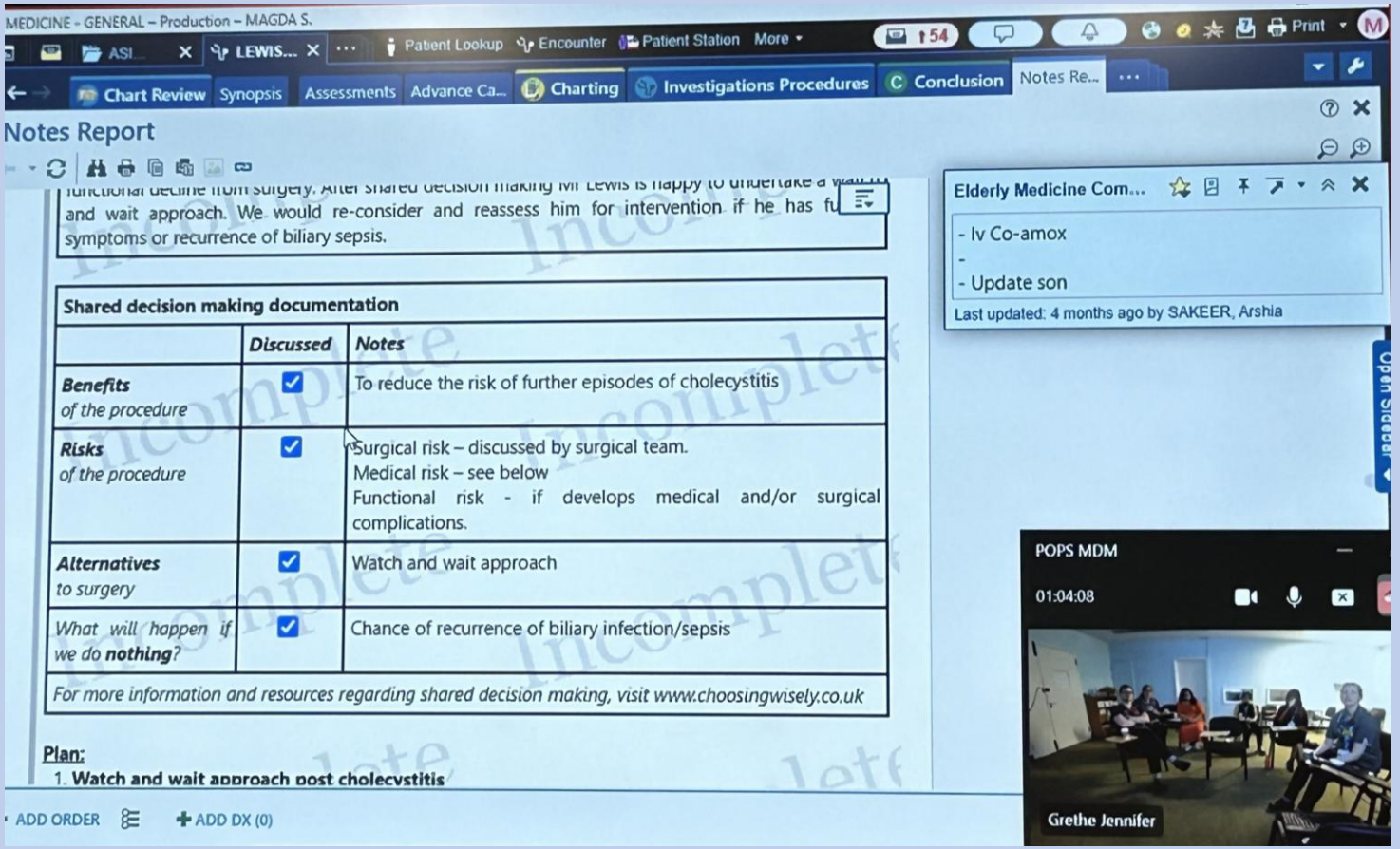
What are the Risks?

Alternatives

What are the Alternatives?

Nothing

What if I do Nothing?



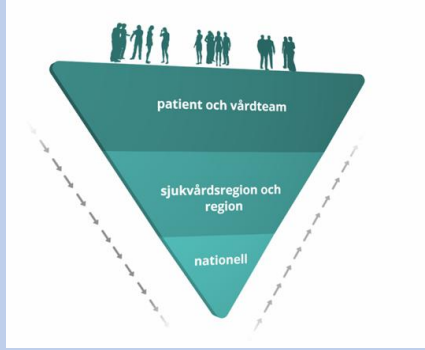
SDM enligt B*R*A*N-metodik

1/7 i elektiva GI-flödet ej op
¼ i elektiva BAA (endovsk/öppen) ej op

Samverkan och nya arbetssätt?

Svenska Läkaresällskapet

”The pathway to professionalism”


patient och vårdteam
sjukvårdsregion och region
nationell

Tack!

Frågor